

SERVE BISTRO

MCLEAN RACQUET & HEALTH CLUB

APPETIZERS

GOLDEN WINGS \$7

fried wings, choice of plain, buffalo or bbq

ROASTED RED PEPPER HUMMUS \$10

served with olives, roasted red peppers and pita bread

QUESADILLA \$7

cheese, corn salsa, served with lettuce, tomato and sour cream, (add chicken \$2, shrimp \$2, spinach, red pepper or mushrooms \$1)

HOT SPINACH & ARTICHOKE DIP \$10

choice of tortilla chips or garlic bread

MEATBALLS \$10

2 meatballs served in marinara with a side of garlic bread or spaghetti

NACHOS \$10

Monterey Jack cheese, lettuce, sour cream, jalapeños, pico de Gallo, (add chicken \$2 or chili \$2)

HOT CRAB DIP \$12

Served with choice of garlic bread or tortilla chips



SALADS

add chicken \$4, steak \$5, shrimp \$6, salmon \$6, or crab \$6

HOUSE SALAD OR CAESAR SALAD \$7

SOUTHWEST SALAD \$7

romaine lettuce, cherry tomatoes, corn salsa, black beans, cheddar cheese, buttermilk-ranch dressing

COBB SALAD \$7

mixed greens, cherry tomatoes, hard boiled egg, bacon, house made blue cheese dressing

GREEK CHOPPED SALAD \$7

romaine lettuce, red onion, olives, tomato, cucumber, feta cheese, greek style dressing

ALL DAY OMELETTE

three eggs or egg whites with onion, red pepper, tomato and choice of cheese \$7 (select additional fillings below)

VEGETABLES - artichoke, mushroom, spinach \$1/each

PROTEIN - bacon \$1, salmon \$3, crab \$3

SANDWICHES & WRAPS

bread choices: white, wheat, ciabatta or wrap served with your choice of greens or fries

LUNCH COMBO \$11

1/2 chicken or tuna salad sandwich with a cup of soup or side salad

CLASSIC TUNA OR CHICKEN SALAD \$11

tuna or chicken salad, lettuce, tomato

TURKEY CLUB \$11

turkey, cheddar, bacon, lettuce, tomato

CHICKEN CAESAR WRAP \$11

roasted chicken, romaine, parmesan cheese

WIMBLEDON \$11

chicken, provolone, avocado, sun-dried tomato, pesto

BLT \$11

bacon, lettuce, tomato & cheese add avocado \$1

BURGERS & SLIDERS

served with your choice of greens or fries

SMOKEHOUSE SERVE BURGER \$13

1/4lb beef patty, smoked gouda, fried onions, bacon, tangy house serve sauce

CRAB CAKE SLIDERS \$15

superlump crabmeat, remoulade sauce

BEEF SLIDERS \$9

two beef patties, cheddar cheese

FLATBREADS

naan bread

CHICKEN & SPINACH \$12

roasted chicken, basil pesto, mozzarella, spinach, roasted red peppers, goat cheese

ALL CHOKED UP \$12

artichoke pesto, mozzarella, portabella mushrooms, roasted red peppers



BOWLS \$10

BASE: (pick 1)

brown rice, basmati rice, mixed greens, rice & greens combo

PROTEIN: (pick 1)

chicken, steak, salmon \$1, crab \$2, shrimp \$2

TOPPINGS: (choose 3, any additional \$0.50)

banana peppers, jalapeño, corn salsa, carrots, avocado, red onion, red peppers, mandarins, bean sprouts, roasted peanuts, black olives, tomatoes, cheese, sautéed onions & peppers, broccoli, black beans

DRESSING: (pick 1)

sriracha, greek herb vinaigrette, honey lime vinaigrette, sweet chili Thai sauce, sour cream

KIDS MENU

served with your choice of fries, applesauce or carrot sticks *Excludes pasta & pizza

MAC'N'CHEESE \$5

traditional macaroni and cheese, add chicken, bacon or salmon \$2.75

CHICKEN TENDERS \$6

lightly fried white meat chicken tenders

JUNIOR SALMON \$7

3oz roasted salmon fillet

GRILLED CHEESE \$5

white or wheat bread and cheddar cheese

KIDS PIZZA \$5

marinara, mozzarella cheese, add pepperoni \$2

SIDES

HOUSE SALAD \$3.75

FRENCH FRIES \$3.75

SWEET POTATO FRIES \$3.75