

FITNESS SUMMER CAMPS 2023

Monday - Friday
June 19th - August 18th
9am - 3pm



Ages: 4 to 8 years old

Pricing: Members: \$400 per week
Non-Members: \$500 per week
Lunch from Serve Bistro is included with camp!

WEEKLY THEMES!

Week 1:	June 19 th	Nature
Week 2:	June 26 th	Food
Week 3:	July 3 th	Happy Birthday USA!
Week 4:	July 10 th	Space
Week 5:	July 17 th	Construction
Week 6:	July 24 th	Animated Characters
Week 7:	July 31 st	Animals
Week 8:	Aug 7 th	Emergency Services
Week 9:	Aug 14 th	Explorers

DAILY SCHEDULE :

9-10 Drop off and Squash
10-10:30 Snack (Provided)
10:30-11:30 Tennis with Kristina
11:30-12:30 Pool Time!
12:30-1 Lunch (Provided)
1-1:30 Craft
1:30-2:30 Fitness Class
2:30-3 Games and Pickup

Camps will be divided into 2 age groups:
4-6 years old
7-8 years old