



## APPETIZERS

<b>GOLDEN WINGS</b>	<b>\$12</b>
Fried wings, choice of plain, buffalo or bbq	
<b>QUESADILLA</b>	<b>\$10</b>
Cheese, served with pico de gallo, lettuce, and sour cream (add chicken or shrimp \$4, spinach, red peppers or mushrooms \$1)	
<b>CHIPS AND SALSA</b>	<b>\$5</b>

## BURGERS & SLIDERS

*Served with your choice of greens, fries, or sweet potato fries*



<b>*SMOKEHOUSE BURGER</b>	<b>\$16</b>
Beef patty, smoked gouda, grilled onions, lettuce, tomato, bacon, tangy house serve sauce	
<b>*BEEF SLIDERS</b>	<b>\$14</b>
Two beef sliders with cheddar cheese, bacon, tomato, pickles and mayonnaise	
<b>CHICKEN SALAD SLIDERS</b>	<b>\$12</b>
Chicken salad, cranberry sauce	
<b>CRAB CAKE SLIDERS</b>	<b>\$18</b>
Super lump crab meat, remoulade sauce	
<b>BEYOND BURGER</b>	<b>\$15</b>
lettuce, tomato, avocado, shredded carrots, sriracha mayo, served on a toasted bun	

## BOWLS \$8

<b>BASE (PICK 1)</b>
Brown rice, basmati rice, quinoa, romaine lettuce, or mixed greens
<b>PROTEIN (PICK 1)</b>
Chicken \$4, steak \$5, salmon \$6, shrimp \$6
<b>TOPPING (additional \$0.50 each)</b>
Jalapeño, corn salsa, black olives, cheese, sautéed onions & peppers, broccoli, black beans, pico de gallo
<b>DRESSING (PICK 1)</b>
Sriracha, greek herb vinaigrette, sweet chili, thai sauce, sour cream

## SERVE BISTRO

<b>ROASTED RED PEPPER HUMMUS</b>	<b>\$12</b>
Served with olives, roasted red peppers and tortilla chips	
<b>NACHOS</b>	<b>\$12</b>
Monterey Jack cheese, lettuce, sour cream, jalapeños, pico de gallo (add chicken or chili \$4)	
<b>CHICKEN EMPANADAS</b>	<b>\$10</b>
Filled with cheese and chicken. Served with avocado jalapeño crema	

<b>CHILI</b>	<b>\$12</b>
Topped with cheddar cheese and sour cream. Served with choice of garlic bread or tortilla chips	
<b>FRIED RICE</b>	<b>\$10</b>
Choice of cauliflower rice or basmati rice, egg, soy sauce, scallions, carrots & green peas	
<b>HOT SPINACH AND ARTICHOKE DIP</b>	<b>\$12</b>
Choice of tortilla chips or garlic bread	

## SANDWICHES & WRAPS

*Served with your choice of greens, fries, or sweet potato fries. Bread choices: white, wheat, ciabatta, or wrap*

<b>LUNCH COMBO</b>	<b>\$14</b>
1/2 chicken or tuna salad sandwich with a cup of soup or side salad	
<b>CHICKEN CAESAR WRAP</b>	<b>\$14</b>
Roasted chicken, romaine, parmesan cheese, caesar dressing	
<b>BANH MI SANDWICH</b>	<b>\$13</b>
Grilled chicken, daikon radish carrots, cilantro, jalapeño, mayonnaise	
<b>SANTA FE PANINI</b>	<b>\$14</b>
Blackened chicken, roasted red peppers, caramelized onion, chili aioli, avocado	
<b>PHILLY CHEESE STEAK</b>	<b>\$16</b>
Sautéed onions and peppers, provolone cheese, mayonnaise	



<b>BLT</b>	<b>\$13</b>
Bacon, lettuce, tomato, mayonnaise (add avocado \$1)	
<b>TUNA OR CHICKEN SALAD</b>	<b>\$13</b>
Tuna or chicken salad, lettuce, tomato, mayonnaise	
<b>TURKEY CLUB</b>	<b>\$13</b>
Turkey, cheddar, bacon, lettuce, tomato, mayonnaise	
<b>CHICKEN GYRO</b>	<b>\$14</b>
Naan bread, red pepper hummus, lettuce, cucumbers, tomato, red onion, tzatziki sauce, feta cheese	
<b>GRILLED CHICKEN CLUB</b>	<b>\$14</b>
Lettuce, tomato, bacon, provolone cheese, avocado, mayonnaise	

## KIDS MENU

*Served with your choice of fries, applesauce or carrots \*excludes pasta or pizza*

<b>MAC N CHEESE</b>	<b>\$8</b>	<b>GRILLED CHEESE</b>	<b>\$8</b>
Traditional macaroni and cheese		Lightly fried white meat chicken tenders	
<b>KIDS PIZZA</b>	<b>\$8</b>	<b>CHICKEN TENDERS</b>	<b>\$10</b>
Marinara, mozzarella cheese (add pepperoni \$2)		Lightly fried breaded fish	
<b>SPAGHETTI</b>	<b>\$8</b>	<b>FISH TENDERS</b>	<b>\$10</b>
Marinara sauce or butter, parmesan cheese		Lightly fried breaded fish	
		<b>JUNIOR SALMON</b>	<b>\$8</b>
		3 oz roasted salmon filet	

\* This item may be served undercooked. Consuming raw or undercooked meats, poultry, seafood, shellfish or eggs may increase your risk of foodborne illness.



## SALADS

## SERVE BISTRO

Add protein to your salad: chicken \$4, steak \$5, shrimp \$6, salmon \$6

**GREEK CHOPPED SALAD** \$13  
Romaine lettuce, red onion, olives, tomato, cucumber, feta cheese, Greek style dressing

**MEDITERRANEAN TUNA SALAD** \$15  
Mixed greens, roasted red pepper, onion, cucumber, tomato, garbanzo beans, olives, parsley

**CAESAR SALAD** \$10  
Romaine lettuce, parmesan cheese, croutons, caesar dressing

**QUINOA SALAD** \$13  
Mixed greens, tomato, red onion, cucumber, feta cheese, avocado, quinoa, any dressing

**\*TUNA POKE SALAD** \$16  
Seared Ahi Tuna, sesame seeds, mixed greens, edamame, seaweed salad, crispy wonton strips, sriracha, scallions

**HOUSE SALAD** \$10  
Mixed greens, tomato, red onion, cucumber, carrots, croutons, choice of any dressing

**BEEF AND GOAT CHEESE SALAD** \$13  
Mixed greens, roasted beets, strawberries, cranberries, glazed pecans, apple cider vinegar dressing

**COBB SALAD** \$15  
Romaine lettuce, tomato, hard boiled egg, bacon, avocado, crumbled blue cheese, choice of dressing: blue cheese, ranch, caesar, or greek dressing

## PIZZAS

(traditional crust or cauliflower crust)

**ALL CHOKED UP** \$14  
Artichokes, pesto, mozzarella, mushrooms, roasted red peppers

**CHICKEN & SPINACH** \$15  
Roasted chicken, pesto, mozzarella, spinach, roasted red peppers, goat cheese

**MARGHERITA PIZZA** \$14  
Marinara sauce, mozzarella cheese, fresh tomato slices, basil pesto

**BBQ CHICKEN PIZZA** \$15  
Marinara sauce, mozzarella cheese, BBQ chicken, caramelized onions, roasted red peppers, parsley



## ENTREES



**TACOS**  
3 tacos with your choice of protein, flour tortilla filled with lettuce, pico de gallo, avocado, cheddar cheese and salsa - Chicken \$13, Steak \$14, Shrimp \$14

**TEMPURA FISH TACOS** \$14  
3 tacos, cod, coleslaw, cilantro, baja sauce

**\*NY STRIP STEAK** \$23  
Roasted fingerling potatoes, seasonal vegetables, demi glaze sauce, herb-lemon butter

**VEGETABLE STIR FRY** \$12  
Basmati rice, broccoli, mushrooms, red and green bell peppers, onions, ginger, sesame soy sauce

**TWIN CRAB CAKES. TWO 6 OZ** \$23  
Crab cakes, roasted fingerling potatoes, seasonal vegetables, remoulade sauce, lemon wedges

**CHICKEN POT PIE** \$14  
Creamy chicken stew, vegetables, flaky puff pastry

**GRILLED SALMON 6 OZ** \$18  
Roasted fingerling potatoes, seasonal vegetables, herb-lemon butter



## SIDES

**HOUSE SALAD** \$5

**FRENCH FRIES** \$5

**SWEET POTATO FRIES** \$6

**TATER TOTS** \$6

## DESSERTS

**BROWNIE SUNDAE** \$7

**CHOCOLATE CHIP COOKIE** \$1

**M&M COOKIE** \$1

**ICE CREAM SCOOP** \$2

**CINNAMON SUGAR CHURROS** \$6  
Deep fried pastry sticks tossed in cinnamon-sugar mix. Served with chocolate syrup or caramel sauce

**CHURRO SUNDAY** \$7  
Vanilla ice cream, whipped cream, chocolate syrup

## MILKSHAKES

**VANILLA MILKSHAKE** \$6  
Whipped cream, sprinkles

**STRAWBERRY MILKSHAKE** \$6  
Whipped cream, strawberry sauce

**OREO MILKSHAKE** \$6  
Whipped cream, oreos, chocolate syrup

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